

Sports News

Red Rose Autumn 2 2024



Schools Sports Partnership (SSP) Festivals

We use some of our sports budget to buy into our local Schools Sports Partnership. They provide a range of festivals, competitions and special events throughout the year alongside training and curriculum support for staff.

- Last term, children in KS1 had a block of lessons honing their fundamental movement skills. These helped to develop their balance, coordination and agility hopefully providing a good basis for their future physical fitness. The SSP ran a **Y2 Fundamental movement** festival which we were lucky enough to send

all of our children along to. They moved around various stations, jumping, hopping and changing direction at all the right points.

- KS2 children have been playing basketball this term. **Y5** attended a new **Basketball skills festival** at Park View where they could practise their tricks and shots as well as playing some mini games.
- Some of the older **Rosebud** children and their friends went along to give **New Age Kurling and Boccia** a try. It was a great morning and fantastic to see everyone trying something new and enjoying themselves.



SSP Competitions

24 children from **Y5/6** represented the school in **Sports Hall Athletics** winning the first round and coming **3rd** in the **Area finals** just missing out progressing to the county round. Well done to everyone who took part, you really were a pleasure to take along. There were some outstanding individual events but it was the team support that really stood out.

The **Basketball competition** was the next event in the term and we were lucky enough to be able to take 2 teams. We scored some baskets demonstrating great skills and teamwork. Thank you to Mr Ross for lending

his expertise and time over the weeks of training.



Cross Country

Firstly, an apology to **Lola** and **Phoebe** for missing them out of the write up last term. Both girls kept each other going and stormed in 7th and 8th respectively.



Unfortunately, the weather was not on our side this year as the County Cross Country race (which all 4 teams qualified for) was cancelled twice!

I have asked about any future plans and there may be a possibility that they will try for 'third time lucky' in the Spring. As soon as we hear anything we will let people know.

In the meantime, Y5 and 6 can run in the local league starting at the end of January. For our younger runners we have several

local athletics clubs in the area as well as the park run every Sunday.

Swimming

We took 14 children to the **Area Swimming Gala** where they competed against schools from Durham and Chester le Street. They were amazing- swimming their way to first place out of all the schools and to the County Finals in March.



We are lucky to have several swimming clubs in our local area so if your child would like to develop their skills and maybe swim competitively then check out the clubs below. Once learnt it is a skill that is never lost and hopefully can be enjoyed throughout a lifetime.

School News

- Did you know that it's recommended that children are active for **60** minutes every day, with 30 minutes occurring in school?
- Across school we are continuing to work towards this with active playtimes, lunch times and daily mile movement breaks.
- In PE, Early Years have been developing their gymnastics skills as

have KS1, as well as their catching and throwing.

- Y3/4 and Y5/6 have been building up their gymnastics moves and working together to create sequences. They have also both been enjoying learning the skills of basketball and fitting them into mini matches.



The rainy start to the Christmas season forced us to hold a slightly different indoor event for the younger children. They completed several **Santa Sporty Stations** in the hall. All with the same activities as the outside event; leaping over tinsel roof tops, bouncing baubles and a journey through blizzard forest but with some bonus events of making a giant snowman, rolling like a snow ball and dancing along with our amazing Y6s. All to a backdrop to some top Christmas tunes.



Through the obstacle Christmas forest.



Building a snowman.

KS2 braved the mud in the afternoon for their **Santa run**. After a break (and lie down for some) the Y6s were back helping to make it run smoothly. Children ran laps around the field with different active stop offs enroute: Santa's Welly wanging, bouncy baubles, present throwing, tinsel rooftop jumping as well as snowball throwing and dodging. Well done to all the children taking part and **thank you for your support**.



Over the tinsel roof tops and a very bouncy bauble.



Year 6 having their turn.



Dodging snowballs and thrown by naughty elves.

A special mention to our Year 6s who not only looked amazing in their Christmas outfits but ran their stations with great enthusiasm. They were so lovely with the younger children.



In the Spring Term

We're looking forward to competing in the following events:

- **KS2 Cross Country** local league
Saturday mornings 10am. All keen Y5/6 are welcome. Free event.
18th January Bullion School
25th January Ouston School
1st February Rickleton School
- Yoga teacher for KS1
- Archery session for Y3/4
- Tag Rugby SSP competition
- Dance festival
- Bear Hunt festival
- County Swimming gala



Wanging Santa's lost welly.

Inspired? Join a club!

Below are just a selection of some of the local clubs that I know children go to presently or have done in the past. We don't have any formal links with these clubs so it is up to parents to research and assess if they are appropriate for your child.

- Basket- Little ballers 18 months and up (Durham based)
- Netball- Vixens- Chester Le Street or Durham Palatinates.
- Football- Hilda Park, Chester le Street Waldridge- mixed.
- Girls football- Amazons
- Rugby- Durham, Houghton le Spring and Consett.
- Swimming- Chester le Street ASC, Durham ASC and Derwentside ASC
- Athletics- Chester le Street AC, Durham AC, Phoenix Flyers and Birtley AC.
- Park Run is a great way of keeping fit. Every Sunday, 9am at Riverside Park, Chester le Street. To register for free go to www.parkrun.org.uk/riverside-juniors/

Our Sporting Stars



Well done to **Beatrice** who has been taking part in a local dressage competition. It was

her first time competing and she came away with a 1st rosette and a big smile! She is now busy cantering her way to the next event.



Super Christmas running from **Lola** and **Ruby** who completed a 3k run winning a hot chocolate for their efforts. Lola was also the first girl. Well done, girls!

Brilliant bouncing from **Isla** while competing in a school's trampolining competition through her club. She came first and has qualified for the next round after Christmas against others from the North of England. This builds upon a successful Autumn where she has won Gold and Silver medals in the Northern trampolining championships as well as silver in Durham's Open Tumbling Competition.



What sports do you enjoy?

Keep us updated with your activities and certificates to share in our celebration assembly.

We are a SILVER Rights Respecting School.



Article 24

The right to health.

Article 27

The right to a good standard of living.

Article 29

Education must develop children's personality, talents and abilities.