

Sports News



**Red Rose
Spring-2
2025**



Schools Sports Partnership (SSP) Festivals

We use some of our sports budget to buy into our local Schools Sports Partnership. They provide a range of festivals, competitions and special events throughout the year alongside training and curriculum support for staff.

- We're going on a bear hunt and we're going to find a big one! We're not scared.....



EYFS attended the **Bear Hunt** festival and what a fantastic morning they had. The children took part in a dance session, obstacle course and parachute teddy jumping. There was even a 'real' snow storm but luckily the bear proved to be really friendly. When attending festivals we are normally only allowed to book 1 class. A big thank you to the SSP who squeezed in the extra class to allow both Sunshine and Sunbeam to go to this festival.



- **Lunar Year 5** enjoyed an afternoon at Maiden Castle taking part in a **Tag Rugby Festival**. They practised passing and catching, tagging each other and playing mini matches.



Competitions

Tag Rugby

A team of Y5/6 represented the school in a local league for tag rugby. Confirmation of the league taking place was sadly too late to enter 2 teams but we were very proud of everyone taking part and the wider group who have enjoyed training over the year. We had 2 draws and a win.



Swimming

We took a team of swimmers from across KS2 to the County Swimming Competition.



What a team! Well done for being **County Champions again**. Everybody put their whole heart into their races. I was proud of their achievement but also their behaviour

and attitude to their teammates and other competitors.

Football

Both the Girls' and Boys' football leagues resumed for the second half of the season this term. It has been great to see the dedication and enthusiasm from both teams continue despite the long break. We have experienced lots of wins and draws along the way, making it a successful year for both teams. Well done to all of the players.



Competition winners

We took part in the '**Girls Football Biggest Session**'. Some amazing Y6 girls kindly taught some football skills at lunch time (Eva, Maisie, Harriett, Abena & Lily Ann) and some classes took part in match score

analysis and kit design classroom activities. As a result, our school won a Durham ladies signed football and shirt. Eva and Sophia were the lucky names drawn out of the hat.



Netball

After Easter, we are hoping to take part in the local Y5 league. All Y4 & 5 are welcome to come to the netball club and a team of 5-6 will be selected to represent the school.

Orienteering Event

The Northern Navigators (Durham based orienteering club) came into school and brought their electronic taggers. The children had to follow a specially created map by Eli's grandfather registering at each of the checkpoints. At the end the teams received a print out with their times. A big

thank you to the volunteers who came in and gave up their time to introduce this event to the children.

Orienteering is a great family sport and caters for all abilities. If you and your family would be interested in taking part the details are below. An adult needs to stay with their child due to the nature of the activity.



<https://northern-navigators.org.uk/>

Balance Bikes



After attending a course run by the bikeability charity, the school received 6 balance bikes and helmets. We're looking forward to promoting safe and fun cycling to some of our younger children.



School News

- We continue to work towards our target of being active for **60** minutes every day, with 30 minutes occurring in school.
- In PE, **Early Years** have been dancing to a Frozen theme- creating ice palaces and shooting icicles. They have danced in unison as a whole class as well as in partners and on their own. We filmed and watched back our performance as well as showing our class teachers. Some lovely dancers.
- **KS1** have been applying their catching and throwing skills to mini games including using different sized balls including rugby balls. In gymnastics, they have been developing strength and balance by using the large gymnastic equipment. The children have been so proud of themselves when they have jumped from the high platforms or performed different rolls.
- **LKS2** have been orienteering- building up simple symbol and map reading skills along with team work.
- **UKS2** has tried something new- Yoga. Beth, a trained yoga teacher from the SSP, has come in and delivered 6 sessions over the term. It was something totally different to what we normally do in PE.

We learnt how stretching can help strengthen our muscles while helping our balance and coordination. Beth had some fun games as well as teaching us about breathing techniques to bring a little calm to our busy days.



Performing part of the sun sequence.

In the Summer Term

We're looking forward to taking part in the following events:

- **Colour Run. First week back-** remember old clothes!
- Skipping day
- Y4 Mini Tennis festival
- Cricket taster for Y2-Y4
- Y1 Disney festival
- Y5/6 Athletics
- Durham Dash
- Cricket competition
- Quidditch festival
- Y6 leavers festival
- Hosting EYFS Superhero festival
- Sports Day
- Summer fun run

Inspired? Join a club!

Below are just a selection of some of the local clubs that I know children go to presently or have done in the past. We don't have any formal links with these clubs so it is up to parents to research and assess if they are appropriate for your child.

- Orienteering-
<https://northern-navigators.org.uk/>

- Gymnastics- Deerness, Northern Hope, Durham City, Chester le street
- Dance- Euphoria- dance fitness, Dance Asylum, Rouse Dance
- Musical theatre- Chaos
- Football- Hilda Park, Chester le Street and Walldridge- mixed.
- Girls football- Amazons.
- Rugby- Durham, Houghton le Spring and Consett.
- Swimming- Chester le Street ASC, Durham ASC and Derwentside ASC, Birtley ASC
- Athletics- Chester le Street AC, Durham AC, Phoenix Flyers and Birtley AC.
- Park Run is a great way of keeping fit. Every Sunday, 9am at Riverside Park, Chester le Street. To register for free go to www.parkrun.org.uk/riverside-juniors/

Our Sporting Stars!

Isla came 2nd in the British National Primary Schools' Trampoline competition. This was organised through her club and super proud to see Isla representing our school at a National competition. Isla's mascot is a special bear all the children received to commemorate Red Rose turning 100 years 3 years ago.



Daisy has been working hard in gymnastics and has qualified again for the English and National Tumbling competition. She will be representing the North of England at Telford in June and Birmingham in July. Good luck Daisy and Isla.



Daisy will be joined by Isla. Have fun tumbling, girls.



What sports do you enjoy?

Keep us updated with your activities and certificates to share in our celebration assembly.

We are a SILVER Rights Respecting School.

Article 24
The right to health.

Article 27
The right to a good standard of living.

Article 29
Education must develop children's personality, talents and abilities.

