

Sports News



Red Rose
Spring 1
2025



Schools Sports Partnership (SSP) Festivals

We use some of our sports budget to buy into our local Schools Sports Partnership. They provide a range of festivals, competitions and special events throughout the year alongside training and curriculum support for staff.



- We took part in the SSP **Dance Festival at Durham Gala Theatre** with 50 children performing on stage to an audience of 500 including family and friends. This year we had over 70 children who wanted to take part which made us pleased to have

so many enthusiastic dancers but also aware some children were disappointed not to take part. All being well, they will have priority next year.

- Y3/4 danced to Revolting Children from the Matilda musical and Y5/6 performed a dance to the theme of Star Wars, kindly coached by Miss Bedingfield and Mrs Jennings.



- The children danced their hearts out and performed with confidence. We could not be more proud of them.



- A **big thank you** to parents and friends who helped source the costumes to help make the children look the part on stage as well as coming to watch.



- Children across KS2 have all learnt and performed these dances as part of their curriculum delivery. Some classes performed in front of others while some recorded and shared their dance with their class teachers. This forms part of our intra sporting events programme.
- KS1 have had their dancing shoes on as well performing a cat dance during PE lessons. Children choreographed a sequence of cat moves in small groups and we put it all together with a whole class and solo sequence.

SSP Competitions- Tag Rugby

This year we were able to take 2 teams of 9 Y5/6s to compete in the local schools **Tag Rugby** Competition. Both teams played incredibly well with some gutsy tries and nifty passes. In particular, we were proud of how well they played as a team. The Red team were 3rd in their group and the Roses were 4th.

We are waiting to hear if the local tag rugby league will be starting after half term.

Swimming

Well done to all our swimmers who represented the school at the Durham and Chester le Street Swimming Gala in January. Red Rose the first team out of all the Durham and Chester le Street schools which is a huge achievement. The team **qualified for the County Finals** representing our area. The competition is incredibly high and we are fortunate to have a lot of club swimmers who train for several hours every week. Your training is paying off. A special well done to non club swimmers who held their own and would be a great addition to any local swim club team.

Joining a swimming club is a great way to develop stroke technique as well as fitness and stamina. An alternative to competitive club training is the newly reopened Birtley Swimming Club which focuses on skill development for younger children and life saving for those older. [Birtley Amateur Swimming Club](#). Rookie Life saving programmes are also available at our local pools. [Swimming lesson stages](#).

Cross Country local league

Grinning with pride and a little bit of relief after the final Cross Country race at Rickleton.



We had our biggest turnout for the Cross Country league with over 70 runners in each race. It was open to all children in Y5/6 and they chose to give up their Saturdays to represent the school. We couldn't be any prouder. Well done, **Eleanor, Beth, Lucy W, Erin S, Henry, T Max P, Henry P, Finn, Daniel W, Daniel R, Jude, Eli, Ellis, Hayden, William G, Ronan and Sebastian!**

The weather was kind this year and we managed to dodge snow, down pours and storms to give us 3 Saturdays of near perfect running and spectating conditions.



What it is all about; getting out and feeling good.

The first race at **Bullion/ Newker** got off to an exciting start with our amazing Y5 girls all running closely together led by **Eleanor** in **11th** and coming in 4th team.



In the boys race, **Max won** his race with his brother **Henry** hotly chasing him down in **2nd** and **Finn** coming in **9th** putting them top of the league board.

The course at Ouston is notoriously hilly and over just 1 lap. The different terrain often shakes things up with potential fell runners finding their racing feet. Our runners were amazing, all completing the course and many improving their places. The girls in particular, had a great race and ran with determination and confidence led by **Lucy** who came **4th, Eleanor 8th, Beth 10th and Erin 20th**. They improved their individual places by 7-10 people each resulting in them placing 2nd team!



Not to be out done, the boys gave it their all with **Max (4th)** leading in the biggest boys team we've ever seen. This week they were pipped by only 2 points into 2nd place. Big shout out to our first time runners (**Daniel R, Jude, Eli & Ellis**). What a race to start with!

The last race was held on a flatter but much faster course of Rickleton School with some distance adding zig zags in the middle. The girls again ran confidently led in by **Lucy** in **7th**, closely followed by **Beth 10th, Eleanor 11th** and **Erin 13th!**

Red Rose girls came **3rd team overall** when the points were added up over the series.



With so many super keen Y5s I can't wait for next year!

<http://www.clsschools.co.uk> results of local schools' leagues for XC and football.

Photographs available from- Mary Barella
<https://marybarellaphotography.pixieset.com>

Passwords: Ouston- clsXC25125 Rickleton
-clsXC3224 Photos £5

The boys were out in force again and didn't disappoint with effort. Super well done to **Max** who came in **1st** again meaning he won the **individual overall trophy**. Top 10 finishing from **Henry** and **Finn** meant the boys finished **1st team** at Rickleton and **overall!!**



Although only the first 3 runners count towards our team score it was definitely a team effort which we celebrated together.



Other School News

- Across school we are continuing to work towards our 60 minutes of recommended daily activity with active playtimes and daily mile movement breaks.
- During PE lessons, KS1 and KS2 have been polishing our football skills, and improving our agility and coordination. Everyone is looking forward to the better weather and

being able to play on the field at break times.



- **Early Years** have been learning some more gymnastic moves and developing their core strength to allow them to climb, balance and jump safely from apparatus. It has been an absolute pleasure seeing their progression since September. Each week they work so hard and try every activity. Their behaviour and enthusiasm makes us very proud of them.
- We have some talented gymnasts in the class. If you and your child would like to continue as an after school activity then we have several clubs in the area ranging from fun/ recreational to prospective internationals.

In the Spring 2 Term

We're looking forward to competing and taking part in the following events:



- Swimming County Final
- EYFS Bear Hunt Festival
- Y5 Lunar Tag Rugby festival
- UKS2 Orienteering event

Inspired? Join a club!

Below are just a selection of some of the local clubs that I know children go to presently or have done in the past. We don't

have any formal links with these clubs so it is up to parents to research and assess if they are appropriate for your child.

- Dance- Euphoria- dance fitness, Dance Asylum
- Musical theatre- Caos musical theatre group
- Gymnastics- South Durham gymnastics, Lumley gymnastics, Northern Hope and Deerness Gymnastics (Acro)
- Football- Hilda Park, Chester le Street and Waldrige- mixed.
- Girls football- Amazons
- Rugby- Durham, Houghton le Spring and Consett.
- Swimming- Chester le Street ASC, Durham ASC, Derwentside ASC and Birtley swimming club
- Athletics- Chester le Street AC, Durham AC, Phoenix Flyers and Birtley AC.
- Park Run is a great way of keeping fit. Every Sunday, 9am at Riverside Park, Chester le Street. To register for free go to

www.parkrun.org.uk/riverside-juniors/

DEERNESS GYMNASTICS HALF TERM CAMP

All day Gymnastics camp-
Monday 24th February 2025
8.30am drop off - 4pm pick up

Summer camp- 10am-12pm £10
Gymnastics Party- 1pm-3pm £7
Full day 8.30am-4pm £20

Call to register now

Don't miss out

Breakfast club, gymnastics camp, access to trampoline and foam pit area, bouncy castle, games and more.

DEERNESS
Deerness gymnastics academy
Valley View, Ushaw Moor,
Durham
DH7 7LS
0191 373 0119

Our Sporting Stars!



Marcie has been successful in her swimming galas earning medals and gaining new personal bests. You can't ask for more than a pb. Well done, Marcie!



Calum has now fully recovered from injury and represented the District earlier this year. Setting up a goal and getting a mention in the post match analysis. Brilliant to see, Calum!

It was 2 nil just after the break, Calum Pugh played a lovely ball over the top for Ollie who took it round the keeper and slotted home.



Isla has transferred her gymnastic skills to trampolining. She is now the British Schools Northern Zone intermediate winner and now qualifies for the National final later this year. Good luck, Isla.



This is Lacy on her trusty steed, Dotty, after winning a dressage competition. We loved hearing all about it in class and watching the video. Well done, to both of you!

What sports do you enjoy?

Keep us updated with your activities and certificates to share in our celebration assembly.

