



Relationships

Friendships



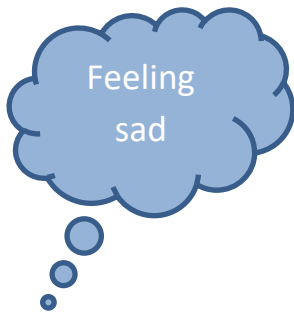
Worries



Anger



Confidence



Feeling
sad

If you are a young person aged 5-19 who has concerns about any of these things or you care for a young person aged 5-19 and have concerns....

Come along and speak to your Emotional Health and Resilience Nurse Jo Campbell will be Chester Le Street One Point Hub on :

Wednesday 6th Feb 2019 3- 5 pm
Wednesday 20th Feb 2019 3-5 pm
Wednesday 6th March 2019 3-5 pm
Wednesday 20th March 2019 3-5 pm
Wednesday 3rd April 2019 3-5 pm
Wednesday 17th April 2019 3-5 pm
Wednesday 1st May 2019 3-5 pm
Wednesday 15th May 2019 3-5 pm
Wednesday 29th May 2019 3-5 pm
Wednesday 12th June 2019 3-5 pm .
Wednesday 26th June 2019 3-5 pm.
Wednesday 10th July 2019 3- 5 pm.
Wednesday 24th July 2019 3-5 pm

Drop in / call / email

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